

# **Shabbat Tzedek Evening Service**

This Martin Luther King Jr. weekend, we celebrate **Shabbat Tzedek – 50 years in pursuit of justice with the Religious Action Center of Reform Judaism.** The Religious Action Center was born out of the Civil Rights Movement and has since played a leading role in nearly every major social justice campaign.

In an inspiring speech addressing the Union for Reform Judaism's 47<sup>th</sup> Biennial banquet in November 1963, Rev. Dr. Martin Luther King Jr. highlighted the involvement of Jews in the Civil Rights Movement and charged us with challenges that we face in our pursuit of social justice, which still holds true today, stating:

"Human progress comes through the tireless efforts and the persistent work of dedicated individuals who are willing to be co-workers with God, and without this hard work, time itself becomes an ally of the insurgent and primitive forces of social stagnation and irrational emotionalism. We must help time and we must realize that the time is always right to do right."

For the past 50 years, the Religious Action Center has embraced this principle: that the time to act is now – that each of us must play an active role in tikkun olam – repairing the world – as part of our daily lives. Today, on this Shabbat Tzedek, let us celebrate the work of the Religious Action Center, the legacy of Rev. Dr. Martin Luther King Jr. and let us pray together and gain inspiration for our personal and collective pursuit of justice.

### Lo Yisa Goi

Lo yisa goi el goi cherev Lo yilm'du od milchamah. לֹא יִשָּׂא גּוֹי אֶל גּוֹי חֶרֶב. לֹא יִלְמְדוּ עוֹד מִלְחָמָה:

Nation shall not take up sword against nation, they shall never again study war. Isaiah 2:4.

This is our truth: the One God calls forth being from nothingness, and makes all things one. Blessed is the Holy One of Israel, in whose Oneness we are one.

But we not yet one in fact: our human race is broken into fragments, and we wait to be redeemed into a lasting unity.

Blessed is the time to come, when all will at last be one.

While hatred rules the earth, redemption will not come.

Let the day be near when love will rule this world.

Until people return from their exile from each other, redemption will not come. Let all exile be ended: our exile from one another, the exile of God's presence from our lives.

Until we restore the lawless to their true selves and rekindle in them the spark of God, redemption will not come.

Let us also search out the flaws in our own souls, and struggle to remove them.

While we care only for ourselves, redemption will not come.

Let our hearts be moved by the misery of others and dare what must be dared.

- Taskforce on Soviet Jewry of the UAHC, 1979

### Shiru L'Adonai

Psalm 96, words by Julie Silver

Shiru L'Adonai kol ha-aretz Shiru L'Adonai shir chadash Shiru shiru L'Adonai (2x) שִׁירוּ ליי כָּל הָאָרֶץ שִׁרוּ ליי שִׁיר חְדָשׁ שִׁירוּ שִׁירוּ ליי:

Sing unto God all the earth a new song I will sing unto God a new song Sing unto God and we'll all sing along All the earth a new song unto God

Sing to Adonai a new song, sing to Adonai, all the earth. Sing to Adonai, bless God's name, proclaim God's victory day after day. Tell of God's glory among the nations, God's wondrous deeds, among all peoples.

All the gods of the peoples are mere idols, but Adonai made the heavens.

Glory and majesty are before God; strength and splendor are in God's temple.

"I refuse to accept the idea that the 'isness' of man's present nature makes him morally incapable of reaching up for the eternal 'oughtness' that forever confronts him... I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become a reality.

I believe that the unarmed truth and unconditional love will have the final word in reality. ... I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds, and dignity, equality and freedom for their spirits. I believe that what self-centered men have torn down, men other-centered can build up... I still believe that we shall overcome." – Rev. Dr. Martin Luther King Jr., Nobel Prize Acceptance Speece, December 10, 1964

#### L'cha Dodi

L'cha dodi likrat kalah, p'nei Shabbat n'kab'lah.

לָכָה דוֹדִי לִקְרַאת כַּלָה. פָּגֵי שַׁבַּת נִקַבְּלָה:

Shamor v'zachor b'dibur echad, Hishmianu El ham'yuchad; Adonai echad, ush'mo echad, L'shem ul'tiferet v'lit'hilah.

Adonai echad, ush'mo echad,
L'shem ul'tiferet v'lit'hilah.

Lik'rat Shabbat l'chu v'neilcha,

לְשֵׁב וּלְנִהְ שָׁבָּת לְכוּ וְנֵלְכָה.

ki hi m'kor hab'rachah meirosh mikedem n'suchah, sof maaseh b'machashava t'chilah. לִקְרַאת שַׁבָּת לְכוּ וְגַלְכָה. כִּי הִיא מְקוֹר הַבְּרָכָה. מֵרֹאשׁ מִקֶּדֶם נְסוּכָה. סוֹף מַצֵשָּׁה בִּמַחֲשָׁבָה תִּחָלָה:

שָׁמוֹר וָזָכוֹר בִּרְבּוּר אֱחָד.

הִשְׁמִיעֲנוּ אֵל הַמִיחַד.

Hitor'ri, hitor'ri, ki va oreich – kumi ori uri uri, shir dabeiri; k'vod Adonai alayich niglah.

התְעוֹרְרִי, הִתְעוֹרְרִי. כִּי בָא אוֹרֵךְ־ קוּמִי אוֹרִי. עוּרִי עוּרִי, שִׁיר דַּבֵּרִי. כִּבוֹד יָיָ עַלַיִּךְ נִגְלָה:

All rise and face entrance to welcome the Sabbath Bride:
Bo-i v'shalom, ateret ba'lah;
gam b'simchah uv'tzoholah
toch emunei am s'gulah,
bo-i chalah! Boi chalah!

בּוֹאִי בְשָׁלוֹם עֲטֶרֶת בַּעְלָה. גַּם בְּשִׂמְחָה וּבְצָהְלָה. תּוֹךְ אֱמוּנֵי עַם סְגָלָה. בּוֹאִי כַלָּהוּ בּוֹאִי כָלָהוּ

Beloved, come to meet the bride; beloved come to greet Shabbat.

"Keep" an d "remember": a single command the Only God caused us to hear; the Eternal is One, God's Name is One, glory and praise are God's.

Come with me to meet Shabbat, forever a fountain of blessing.

Still it flows, as from the start: the last of days, for which the first was made.

Lift yourself up! Shake off the dust! Array yourself in beauty, O my people!

At hand is Bethlehem's David, Jesse's son, bringing deliverance into my life.

Enter in peace, O crown of your husband; enter in gladness, enter in joy.

Come to the people that keeps its faith. Enter, O bride!

Entrances to holiness are everywhere.
The possibility of ascent is all the time.
Even at unlikely times and through unlikely places.
There is no place on earth without the Presence.

# Sh'ma and its Blessings

Bar'chu et Adonai ham'vorach!
Baruch Adonai ham'vorach l'olam va-ed!

בָּרְכוּ אֶת־יְיָ הַמְבֹרָךְ! בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וַעֵּד!

Praised Adonai, to whom praise is due forever!

Praised be Adonai, to whom praise is due, now and forever!

One must repeat from time to time: The world was created for my sake. Never say: What do I care about this or that? Do your part to add something new, to bring forth something that is needed, and to leave the world a little better because you were here briefly. – *Rabbi Nachman of Bratzlav* 

### **Ma'ariv Aravim - Creation**

Baruch atah Adonai Eloheinu, Melech haolam, asher bid'varo maariv aravim, b'chochma potei-ach sh'arim, uvit'vunah m'shaneh itim, umachalif et haz'manim, um'sadeir et hakochavim, b'mishm'roteihem barakia kir'tzono.

בָּרוּךְ אַתָּה יְיָ אֶלֹהֵינוּ, מֶלֶךְ הָעוֹלָם. אֲשֶׁר בִּדְבָרוֹ מַעֲרִים עֲרָבִים. בְּחָכְמָה פּוֹתָחַ שְׁעָרִים. וּבִתְבוּנָה מְשַׁנָּה עִתִּים. וּמַחֲלִיף אֶת הַוְּמַנִים. וּמְסַהֵּר אֶת הַכּוֹכָבִים. בְּמִשְׁמְרוֹתִיהֶם בָּרָקִיע כִּרְצוֹנוֹ:

Borei yom valaila, goleil or mipnei choshech v'choshech mipnei or, Umaavir yom umeivi lailah, umavdil bein yom uvein laila, Adonai Tz'vaot sh'mo. El chai v'kayam, tamid yimloch aleinu l'olam va-ed. Baruch ata, Adonai, hamaariv aravim. בּוֹרֵא יוֹם וָלָיְלָה גוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ וְחשֶׁךְ מִפְּנֵי אוֹר. וּמַּעֲבִיר יוֹם וּמֵבִיא לָיְלָה. וּמַבְדִּיל בֵּין יוֹם וּבֵין לָיְלָה. יְיָ צְּבָאוֹת שְׁמוֹ: אֵל חַי וְקַיָּם. תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד: בָּרוּךְ אַתָּה יְיָ. הַמַּעֲרִיב עֲרָבִים:

Blessed are You, Adonai our God, Ruler of the universe, who speaks the evening into being, skillfully opens the gates, thoughtfully alters the time and changes the seasons, And arranges the stars in their heavenly courses according to plan.

You are Creator of day and night, rolling light away from darkness and darkness from light, Transforming day into night and distinguishing one from the other.

Adonai Tz'vaot is your Name. Ever-living God, may You reign continually over us into eternity.

Blessed are You, Adonai, who brings on evening.

When Justice burns within us like a flaming fire, when love evokes willing sacrifice from us, when, to the last full measure of selfless devotion, we demonstrate our belief in the ultimate triumph of truth and righteousness, then Your goodness enters our lives and we can begin to change the world; and then you live within our hearts, and we through righteousness behold Your presence.

#### **Ahavat Olam – Revelation**

Ahavat olam beit Yisrael amcha ahavta:
Torah umitzvot, chukim umishpatim otanu limad'ta.
Al kein Adonai Eloheinu, b'shochbeinu uv'kumeinu
nasiach b'chukecha, v'nismach b'divrei Torat'cha
uv'mitzvotecha l'olam va-ed. Ki heim chayeinu
v'orech yameinu, uvahem neh'geh yomam valailah.
V'ahavat'cha al tasir mimenu l'olamim.
Baruch atah, Adonai, ohev amo Yisrael.

אַהֲבַת עוֹלָם בֵּית יִשְׂרָאֵל עַמְּךּ אָהַרְתָּ: תּוֹרָה וּמִצְוֹת, חֻקִּים וּמִשְׁפָּטִים אוֹתַנוּ לִמַּדְתָּ: עַל כֵּן יִי אֱלֹהִינוּ, בְּשָׁרְבֵּנוּ וּבְקוּמֵנוּ נַשִּׁיחַ בְּחָקֶיךּ, וְנִשְּׁמַח בְּדִּבְרֵי תוֹרָתֶדְּ וּבְמִצְוֹתֶיךּ לְעוֹלָם וָעֶד: כִּי הֵם חַיֵּינוּ וְאֹרֶךְ יָמֵינוּ, וּבָהֶם נָהְגָה יוֹמָם וָלָיְלָה: וְאַהְבַתְךּ אַל-תְּסִיר מִמֶּנוּ לְעוֹלָמִים בַּרוּדְ אַתַּה יִי, אוֹהֶב עֲמּוֹ יִשְׂרָאֵל:

Everlasting love You offered Your people Israel by teaching us Torah and mitzvoth, laws and precepts.

Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and Your commandments. We will rejoice in Your Torah for ever.

Day and night we will reflect on them for they are our life and doing them lengthens our days.

Never remove Your love from us. Praise to You, Adonai, who loves Your people Israel.

For Judaism gave mankind its first civil rights program. It was expressed in the Sh'ma, the watchword of the Jewish faith: "Hear, O Israel, the Lord our God, the Lord is One." As God is one, mankind is one, for each is created equally in the image of God. – *Rabbi Maurice N. Eisendrath* 

#### Sh'ma

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad. Baruch shem k'vod malchuto l'olam va-ed. שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ, יְיָ אֶחְד: בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

Hear, O Israel, Adonai is our God, Adonai is One! (Deuteronomy 6:4)
Blessed is God's glorious majesty forever and ever!

~ All are seated ~

V'ahavta et Adonai Elohecha, b'chol l'vavcha uv'chol naf'sh'cha uv'chol m'odecha. וְאָהַבְּהָּ אָת יְיָ אֶלֹהֶיף. בְּכָל־לְבָבְרָּ, וּבְכָל־נַפְשְׁךָ, וּבְכַל־מְאֹדֶךָ. V'hayu had'varim ha-eileh
asher anochi m'tzav'cha hayom al l'vavecha.
V'shinantam l'vanecha v'dibarta bam
b'shivt'cha b'veitecha uv'lecht'cha vaderech
uv'shochb'cha uv'kumecha.
Uk'shartam l'ot al yadecha
v'hayu l'totafot bein einecha.
Uch'tavtam al m'zuzot beitecha uvish'arecha.
L'maan tizk'ru vaasitem et kol mitzvotai
Vih'yitem k'doshim l'Eloheichem. Ani Adonai
Eloheichem asher hotzeiti et'chem mei-eretz Mitzrayim
lih'yot lachem l'Elohim ani Adonai Eloheichem.

ְּוְהִיוֹּ הַדְּבָרִים הָאַֹּלֶּה אֲשֶׁר אָנֹכֵי מְצַוְּדְּ הַיִּוֹם עַל־לְבָבֶּךְּ. וְשִׁנְּנְתָּם לְבָּנִידְּ וְדִבַּרְתָּ בָּם וְשִׁרְתְּּךְ בְּבֵיתֶּדְ וּבְלֶּכְתְּדְּ בַדֶּׁרֶדְ וּבְשַׁרְתְּם לְאוֹת עַל־יָדֶדְ וְהָיִוּ לְטֹטָפִת בֵּין עֵינֶידְ וְהָיִיתֶם מְל־מְצְרָיךְ לְמַעַן תִּזְּכְּרוּ וַעֲשִׁיתֶם אֶת־כָּל־מִצְוֹתְי וְהְיִיתֶם מְדֹשִׁים לֵאלֹהֵיכֶם.אֲנִי יְיָ אֱלֹהֵיכֵם לְהִיִּוֹת לָכָם לֵאלֹהָים, אֲנָי יִי אֱלֹהֵיכֵם לִהִיִּוֹת לָכָם לֵאלֹהָים, אֲנָי יִי אֱלֹהִיכֵם

You shall love Adonai your God with all your heart, with all your soul, and with all your might.

Take to heart these instructions with which I charge you this day. Impress them upon your children.

Recite them when you stay at home and when you are away, when you lie down and when you get up.

Bind them as a sign on your hand and let them serve as a symbol on your forehead;

inscribe them on the doorposts of your house and on your gates.

Thus you shall remember to observe all My commandments and to be holy to your God.

I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

(Deuteronomy 6:5-9, Numbers 15:40-41).

When people come to you for help, do not turn them off with pious words, saying: "Have faith and take your troubles to God!" Act instead as if there were no God, as though there were only one person in all the world who could help – only yourself. – *Martin Buber* 

Standing on the parted shores of history we still believe what we were taught before ever we stood at Sinai's foot; that wherever we go, it is eternally Egypt that there is a better place, a promised land; that the winding way to that promise passes through the wilderness

That there is no way to get from here to there except by joining hands, marching together. – *Mishkan T'filah* 

Sing the song of men and women joined in understanding and respect. The song of God's miracles, an earth protected and cherished; a gift for our children and the generations to come. The song of a land once ravished by war, now quiet and content; her soldiers home, to leave no more.

The song of a world redeemed: the song of peace. – Mishkan T'filah

# Mi Chamocha - Redemption

Mi chamocha ba-eilim, Adonai! Mi kamocha, nedar bakodesh, nora t'hilot, oseih fele!

מִיּ־כָמֹכָה בָּאֵלִם, יְיָ? מִי כָּמֹכָה. נֶאְדָּר בַּקֹדֶשׁ, נוֹרָא תְהִלֹּת, עֹשֵׁה פֶּלֶא?

Malchut'cha ra-u vanecha, bokei-a yam lifnei Moshe (u Miryam); Zeh Eli, anu v'amru: Adonai yimloch l'olam va'ed!

מַלְכוּתְדּ רָאוּ בָנֶידְּ, בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁהּ: יֶדָה אֵלִידְּי עָנוּ וְאָמְרוּ: יְיָי ִימְלֹדְ לְעוֹלָם וָעֶדדְּי

V'ne-emar: ki fadah Adonai et Yaakov, ug'alo miyad chazak mimenu. Baruch atah, Adonai, gaal Yisrael.

ַתְנָאֶמֵר: יִפִּי־פָּדָה יְיָ אֶת־יַצְקֹב וְּגְאָלוֹ מִיֵּד תָזָק מִמֵּנוּ: בַּרוּךְ אַתָּה יִיַ, נָּאַל יִשִּׂרָאֵל:

Who is like You, O God, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, working wonders? (Exodus 15:11)

Your children witnessed Your sovereignty, the sea splitting before Moses and Miriam. "This is our God!" They cried. "Adonai will reign forever and ever!" (Exodus 15:2,18)

Thus it is said, "Adonai redeemed Jacob, from a hand stronger than his own." (Jeremiah 31:10). Praised are You, Adonai, for redeeming Yisrael.

## Hashkiveinu

Ufros aleinu sukat sh'lomecha.

וּפָרוֹשׁ עֲלֵינוּ סָכַּת שְׁלוֹמֵךּ

Baruch atah, Adonai, haporeis sukat shalom aleinu, v'al kol amo Yisrael v'al Yerushalayim.

בָּרוּךְ אַתָּה. יְיָ. הַפּּוֹרֵשׁ סֻכַּתּ שָׁלוֹם עָלֵינוּ. וְעַל־כָּל־עַמּוֹ־יִשְׂרָאֵל. וְעַל יְרוּשְׁלָיִם:

Spread over us the shelter of Your peace. Blessed are You, Adonai, Gardian of Israel, whose shelter of peace is spread over us, over all the people Israel, and over Jerusalem.

#### V'shamru

V'shamru v'nei Yisrael et HaShabbat, laasot et HaShabbat l'dorotam b'rit olam. Beini u'vein b'nei Yisrael ot hi l'olam, ki sheishet yamim asah Adonai et hashamayim v'et haaretz, u'vayom hashvi-i shavat vayinafash. ְוֹשַׁמְרוּ בְנֵי־יִשְׂרָאֵל אֶת־הַשַּׁבָּת. לַצְשׁוֹת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם: בִּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעֹלָם. כִּי־שֵׁשֶׁת יָמִים עֲשָׂה יְיָ אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְּפַשׁ:

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed (Exodus 31:16-17).

Prayer cannot bring water to parched fields, nor mend a broken bridge, nor rebuild a ruined city; but prayer can water an arid soul, mend a broken heart and rebuild a weakened will. – *Ferdinand M. Isserman* 

~ All Rise ~

### **Amidah**

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

אָדֹנֵי, שָׁפַתֵי תִּפְתַּח, וֹפִי יַגִּיד תִּהְלַתֵּך:

Adonai, open my lips, that my mouth may declare Your praise. - Psalm 51:17

#### Avot v'Imahot

Baruch atah Adonai Eloheinu v'Elohei avoteinu v'imoteinu Elohei Avraham, Elohei Yitzchak, v'Elohei Yaakov. Elohei Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah. Ha-El hagadol, hagibor v'hanora El elyon gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah liv'nei v'neihem, l'maan sh'mo b'ahava.

Melech ozeir umoshia umagen.

Baruch atah, Adonai, magein Avraham v'ezrat Sarah.

בָּרוּךְ אַתָּה יִיָּ, אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ
וְאִמּוֹתִינוּ אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
וֵאלֹהֵי יַצְקֹב: אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְּקָה,
אֱלֹהֵי רָחֵל, וֵאלֹהֵי לֵאָה: הָאֵל הַנָּדוֹל
הַנְּבוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן: גּוֹמֵל חֲסָדִים
טוֹבִים וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְבֵי אָבוֹת
וְאַפָּהוֹת, וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם
לִמַעַן שְׁמוֹ בְּאַהְבָה:
מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגוֹ

#### **G'vurot**

Atah gibor l'olam Adonai, m'chayeih hakol atah, rav l'hoshia. M'chalkeil chayim b'chesed, m'chayeih hakol b'rachamim rabim, someich noflim, v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha baal g'vurot, umi domeh lach, melech meimit um'chayeh umatzmiach y'shuah? V'ne-eman atah l'hachayot hakol. Baruch atah, Adonai, m'chayeih hakol.

אַתָּה גִּבּוֹר לְעוֹלָם, אֲדֹנֵי, מְחַיֵּה הַכּּל אַתְּה רַב לְהוֹשִׁיעֵ: מְכַלְבֵּל חַיִּים בְּחֶטֶר, מְחַיֵּה הַכּל בְּרַחֲמִים רַבִּים סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְלַיִּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר: מִי כָמוֹך, בַּעַל גְּבוּרוֹת, וּמִי דּוֹמֶה לָךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה? וְנָאֶמָן אַתָּה לְהַחֲיוֹת הַכּּל: בָּרוּךְ אַתָּה, יִי, מְחַיֵּה הַכּּל:

You are forever mighty, O God; You give life to all. You sustain life through love, giving life to all through great compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust. Who is like You, Source of mighty acts? Who resembles You, a Sovereign who takes and gives life, causing deliverance to spring up and faithfully giving life to all? Blessed are You, Adonai, Who gives life to all.

#### K'dushat HaShem

Atah kadosh v'shimcha kadosh uk'doshim b'chol yom y'hal'lucha: selah! Baruch atah Adonai, Ha-El hakadosh. אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל־יוֹם יְהַלְּלוּךְּ, פֶּלָה: בַּרוּךְ אַתַּה יָיַ, הָאֵל הַקַּדוֹשׁ:

You are holy, Your name is holy, and those who are holy praise you every day: Selah!

Blessed are You, Adonai, the Holy God.

We cannot merely pray to You, O God, to end war: for we know that You have made the world in a way so that all of us must find our own path to peace, Within ourselves and with our neighbors.

We cannot merely pray to You, O God, to end starvation; for You have already given us the resources with which to feed the entire world, if we would only use them wisely.

We cannot merely pray to You, O God, to root out our prejudice; for You have already given us eyes with which to see the good in all people, if we would only use them rightly.

We cannot merely pray to You, O God, to end despair; for you have already given us the power to clear away slums and to give hope, if we would only use our power justly.

We cannot merely pray to You, O God, to end disease; for You have already given us great minds with which to search our cures and healing, if we could only use them constructively.

Therefore, we pray to You instead, O God, for strength, determination, and courage, to do instead of just pray, to become instead of merely to wish.

Praised are You, O God, You bless our people Israel, and all peoples with peace. - Adapted from Jack Riemer

#### **Shalom Rav**

Shalom rav al Yisrael amcha tasim l'olam, ki atah hu Melech Adon l'chol hashalom. V'tov b'einecha l'vareich et amcha Yisrael (v'et kol ha'amim) b'chol eit uv'chol shaah bish'lomecha. Baruch atah, Adonai, ham'vareich et amo Yisrael bashalom.

שׁלוֹם רָב עַל־יִשְּׂרָאֵל עַמְּךְ תָּשִׁים לְעוֹלֶם. כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל־הַשְּׁלוֹם: וְטוֹב בְּעֵינֶיךְ לְבָרֵךְ אֶת־עַמְּךְ יִשְׂרָאֵל אוְאֶת־כָּל־הַעַמִּיםע בְּכָל־עֵת וּכְכָל שָׁעָה בִּשְׁלוֹמֶךְ: בָּרוּךְ אַתָּה יְיָ. הַמְּבָרֵךְ אֵת־עַמּוֹ יִשְׂרָאֵל בַּשָׁלוֹם.

Grant abundant peace to Israel Your people forever; for You are the Sovereign God of all peace.

May it be pleasing to You to bless Your people Israel (and all peoples) in every season and moment
with your peace. Blessed are You, Adonai, who blesses Your people Israel with peace.

#### ~ Please pray silently ~

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal."

I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a state sweltering with the heat of injustice, sweltering with the heat of oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream today! - Rev. Dr. Martin Luther King Jr. "I Have a Dream," delivered August 28, 1963

## **Elohai N'tzor**

Elohai n'tzor l'shoni meira, us'fatai midabeir mirma, V'limkal'lai nafshi tidom, v'nafshi ke'afar lakol tih'yeh.

P'tach libi b'Toratecha, uv'mitzvotecha tirdof nafshi, V'chol hachoshvim alai raah, m'heirah hafeir atzatam v'kalkeil machashavtam. Aseih l'maan sh'mecha, asei l'maan y'minecha, aseih l'maan k'dushatecha, aseih l'maan Toratecha.

L'maan yeichaltzun y'didecha, hoshia y'mincha vaaneini.

אֶלֹהֵי נְצֹר לְשׁוֹנִי מֵרָע, וּשְׂפָתֵי מִדַּבֵּר מִרְמָה,
וְלִמְקַלְּלֵי נַפְשִׁי תִדּוֹם,
וְנִפְשִׁי כָּעָפָר לַכֵּל תִהְיָה:
פְתַח לִבִּי בְּתוֹרַתֶּךְ, וּבְמִצְוֹתֶיךְ תִּרְדּוֹף נַפְשִׁי
וְכֹל־הַחוֹשְׁבִים עָלַי רָעָה,
וְכִלְ־הַחוֹשְׁבִים עָלַי רָעָה,
וְקַלְּקֵל מַחֲשַׁבְתָּם: עֲשֵׂה לְמַעֵן שְׁמֶךְ,
עַשֵׂה לְמַעַן יִמִינֶךְ, עֲשֵׂה לְמַעַן אְדָשֶׁתֶךְ,
עֲשֵׂה לְמַעַן יִמִינֶךְ, עֲשֵׂה לְמַעַן אְדָשֶׁתֶךְ,
עְשֵׂה לְמַעַן יִדִידֶיךְ,
וְמַעֵּן יִדִידֶיךְ,
וְמִנְן יִדִידֶיךְ,
הוֹשִׁיעָה יְמִינְךְ וַעֲנֵנִי:

My God, guard my speech from evil and my lips from deception. Before those who slander me,
I will hold my tongue; I will practice humility. Open my heart to Your Torah, that I may pursue Your mitzvot.
As for all who think evil of me, cancel their designs and frustrate their schemes. Act for Your own sake,
for the sake of Your Power, for the sake of Your Holiness, for the sake of Your Torah;
so that Your loved ones may be rescued, save with Your power. And answer me.
(based on B'rachot 18a by Mar ben Rabina)

#### **Oseh Shalom**

Oseh shalom bimromav, hu yaaseh shalom aleinu v'al kol Yisrael v'imru: Amen.

עֹשֶׁה שָׁלוֹם בִּמְרוֹמָיו. הוּא יַצְשֶׂה שָׁלוֹם עַּלֵינוּ וְעַל־כָּל־יִשִּׂרָאֵל. וְאִמְרוּ: אָמֵן: עַלִּינוּ וְעַל־כָּל־יִשִּׂרָאֵל. וְאִמְרוּ: אָמֵן:

May the One who makes peace in the high heavens make peace for us, for all Israel, And all who inhabit the earth. Amen.

Once upon a time, a poet went for a walk along the beach when he saw a woman moving oddly along the ocean shore. At first, he thought she was dancing but as he got closer, he realized that the woman was picking up starfish one by one and throwing them back into the sea. "What are you doing?" the poet asked. The dancing woman replied, "The tide is low and unless I put these starfish back into the water, they will surely die." The poet responded, "There are millions of miles of beach and thousands of starfish. You can't possibly make a difference." With that, the woman leaned forward, picked up a starfish and threw it back into the water. "It made a difference for that one," she said. – *Loren Eiseley* 

The Talmud teaches us that one who saves a life, saves the world entire.

# Mi Shebeirach - For Healing

**Words by Debbie Friedman** 

Mi shebeirach avoteinu M'kor hab'rachah l'imoteinu.

מִי שֵבֶּרַךְ אֲבוֹתֵנוּ מִקוֹר הַבְּרָכָה לְאָמוֹתֵנוּ

May the source of strength who blessed the ones before us, help us find the courage to make our lives a blessing, and let us say, Amen.

Mi shebeirach imoteinu M'kor hab'rachah laavoteinu.

מִי שֶׁבֵּרַךְּ אָמוֹתֵנוּ מְקוֹר הַבְּרָכָה לַאֲבוֹתֵנוּ

Bless those in need of healing with r'fuah sh'leimah, The renewal of body, the renewal of spirit, and let us say, Amen.

**Merger: A Vision of the Future** – *Judy Chicago* 

And then all that has divided us will merge

And then compassion will be wedded to power

And then softness will come to a world that is harsh and unkind

And then both men and women will be gentle

And then both women and men will be strong

And then no person will be subject to another's will

And then all with be rich and free and varied

And then the greed of some will give way to the needs of many
And then all will share equally in the earth's abundance
And then all will care for the sick and the weak and the old
And then all will nourish the young
And then all will cherish life's creatures
And then all will live in harmony with each other and the earth
And then everywhere will be called Eden once again.

~ Please rise ~

### **Aleinu**

Aleinu l'shabei-ach laadon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam. Vaanachnu kor'im umishtachavim umodim lifnei Melech mal'chei hamlachim, HaKadosh Baruch Hu.

Shehu noteh shamayim v'yoseid aretz, umoshav y'karo bashamayim mimaal, ush'chinat uzo b'govhei m'romim.
Hu Eloheinu ein od, emet
Malkeinu efes zulato. Kakatuv b'Torato, V'yadata hayom v'hasheivota el l'vavecha, ki Adonai hu
HaElohim bashamayim mimaal v'al haaretz mitachat, ein od.

V'ne-emar, V'hayah Adonai l'Melech al kol haaretz. Bayom hahu yih'yeh Adonai echad, ush'mo echad. עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל. לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית. שֶׁלֹא עָשָׁנוּ כְּגוֹיֵי הָאֲרָצוֹת. וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה: שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם. וְגוֹרָלֵנוּ כְּכָל־הֲמוֹנָם: וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים. הַקָּדוֹשׁ בַּרוּךְ הוּא:

שָׁהוּא נוֹטֶה שָׁמִים וְיוֹמֵד אָרֶץ. וּמוֹשֵב יְקָרוֹ בַּשָׁמִים מִמַּעַל. וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים: הוּא אֱלֹהֵינוּ אֵין עוֹד: אֱמֶת מַלְכֵּנוּ אֶפֶס זוּלָתוֹ. כַּכָּתוּב בְּתוֹרָתוֹ יְוִידַעְתְּ הַיוֹם וַהֲשֵׁבֹתְ אֶל־לְבָבֶךְ. כִּי יְיִ הוּא הָאֱלֹהִים בַּשָּׁמֵים מִמַּעַל וְעַל הָאָרֶץ מתחת. אין עוֹד:

> ְוָנֶאֱמַר: וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ: בַּיּוֹם הַהוּא יִהָיה יָיַ אֵחַר. וּשָׁמוֹ אֲחַר!

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations. We bend the need and bow, acknowledging the supreme Sovereign, the Holy One of Blessing. For you spread out the heavens and established the earth; Your majestic abode is in the heavens above and Your mighty Presence is in the loftiest heights. You are our God and there is none else. In truth You are our Sovereign without compare, as is written in your Torah: Know then this day and take it to heart that Adonai is surely God in the heavens above and on the earth below. There is none else.

Thus it has been said: Adonai will be Sovereign of all the earth.

On that day Adonai will become One and God's Name will be One(Zechariah 14:9).

Each of us has a name given us by God and by our father and mother.

Each of us has a name given us by our stature and smile and the clothes we wear.

Each of us has a name given us by the mountains and the walls within which we live. Each of us has a name given us by the planets and by our neighbors.

Each of us has a name given us by our sins and by our aspirations. Each of us has a name given us by our enemies and by those we love.

Each of us has a name given us by our leisure time and by our work. Each of us has a name given us by the seasons and by our blindness.

Each of us has a name given us by the sea and by the way we die. - Zelda Mishkovsky

### Mourner's Kaddish

We recall the loved ones whom death has recently taken from us...

We remember those whose names were mentioned,
those whose names remain in our thoughts,
and all those for whom there is no one left to say *Kaddish*.

Loving God, we praise Your name:

Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchutei b'chayeichon uv'yomeichon uv'chayei d'chol beit yisrael, baagalah uviz'man kariv, V'im'ru: *Amen*.

Y'hei sh'mei raba m'varach l'alam u'lalmei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei v'yit'hadar v'yitaleh v'yit'halal sh'meih d'Kud'sha, *B'rich Hu*, l'eila min kol birchata v'shirata tushb'chata v'nechemata daamiran b'alma. V'imru: *Amen*.

Y'hei sh'lama raba min sh'maya v'chayim aleinu v'al kol Yisrael v'imru: *Amen*.

Oseh shalom bimromav, Hu yaaseh shalom Aleinu, v'al kol Yisrael. V'imru: *Amen*.

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא: בְּעַלְמָא דִי־בְרָא כִרְעוּתֵהּ, וְיַמְלִיךְ מַלְכוּתִהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְׂרָאָל, בַּעֵגַלַא וּבִזְמַן קָרִיב וָאמִרוּ: אַמַן: יִשְׂרָאָל, בַּעַגַלַא וּבִזִמַן קָרִיב וָאמִרוּ: אַמַן:

יָהֵא שְׁמֵה רַבָּא מְבָרַף לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

יִתְבָּרַךְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְבָּלֵּה וְיִתְהַלֵּל שְמֵה דְּקוּדְשָׁא *בְּרִיךּ הוּא*, לְעֵלָּא מִן־כָּל־בִּרְכָתָא וְשִׁירָתָא, תִּשְבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בְּעַלְמָא, וְאִמְרוּ: *אָמֵן*: יְהֵא שְׁלָמָא רַבָּא מִן־שְׁמֵיָא וְחַיִּים עָלֵינוּ וְעַל־בַּל־יִשְׂרָאֵל, וְאָמְרוּ: *אַמֵּן*:

עשֶׁה שָׁלוֹם בִּמְרוֹמָיו. הוּא יַעֲשֶׂה שָׁלוֹם עַלֵינוּ וִעַל כַּל יִשְׂרַאָל, וְאָמִרוּ: *אַמָּן*: Exhaulted and hallowed be God's great name in the world which God created, according to plan.

May God's majesty be revealed in the days of our lifetime and the life of all Israel - speedily, imminently,
to which we say Amen. Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One,
beyond all earthy words and songs of blessing, praise and comfort. To which we say Amen.
May there be abundant peace from heaven, and life, for us and all Israel. To which we say Amen.
May the one who creates harmony on high, bring peace to us and to all Israel. To which we say Amen.

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved. Amen.

#### ~ All are seated ~

In the Jewish tradition, the separation between prayer and action is slight. We're mindful of the admonition in Isaiah where God says, "I don't want your fast and your sacrifice. I want you to deal your bread to the hungry, tear apart the chains of the oppressed." And Leviticus 19 tells us that to be holy in the way God is holy means to set aside a corner of our fields for the poor and homeless, to pay the laborer a timely and fair wage, and to remove stumbling blocks. These are religious activities just as much as prayer is. They are all woven together.

After participating in the civil rights march in Selma, Alabama, Rabbi Abraham Joshua Heschel, one of this century's great religious figures and a close colleague of Rev. Dr. Martin Luther King, said, "It felt like my feet were praying." Prayer is not just the communication we have with God; it is also the work we do to make God's values real to the world. I think God listens to both kinds of prayer with equal joy. – *Rabbi David Saperstein, Director, Religious Action Center of Reform Judaism* 

# Salaam, Shalom

Od yavo shalom aleinu Od yavo shalom aleinu Od yavo shalom aleinu Ve'al kulam (x2)

Salaam Aleinu ve'al kol ha olam Salaam, Shalom (x2) עוד יבוא שלום עלינו ועל כולם

סלאאם עלינו ועל כל העולם סלאאם , שלום

Again peace will come upon us and on everyone.

Among us and on all the world, peace.