

TAKE ACTION!

CONTACTING YOUR MEMBERS OF CONGRESS

1. PREPARE IN ADVANCE

- Make sure you know the name of the bill and bill number (you can find everything at [congress.gov](https://www.congress.gov)).
- Come up with a few reasons why the issue is important. Here are four guiding questions we recommend using for your conversation:
 - Why is this issue important to our country?
 - Why is this issue important to you as a Reform Jew? (share Jewish texts/tradition)
 - Why is this issue important to you as an individual?
 - What do you want the Member of Congress to do? (for example, support a bill, vote against a bill)
- Look up the Member's history on this issue, which can be found on their website and at [congress.gov](https://www.congress.gov).

You can also go to [RAC.org/alerts](https://www.rac.org/alerts), or any of our issue pages for updates and Jewish values on a myriad of topics.

2. CALL OR EMAIL

- Call the Capitol Switchboard (202) 224-3121, share your zip code and you'll be directed to the appropriate elected officials' offices on Capitol Hill. You can also find these numbers through [house.gov](https://www.house.gov) or [senate.gov](https://www.senate.gov).
- The person answering the phone may ask if you want a response to your call—saying yes is a good way to keep up with how your elected officials are listening and responding to you.
- If you call outside of business hours, the call will go straight to voicemail. Leaving a voicemail is another great option for making your voice heard.

OR

- You can also email your Representative and Senators using the "Contact Us" forms on their websites.
- Visit [RAC.org](https://www.rac.org) to contact your Members of Congress through our action alerts, with emails to legislators already prepared.

3. SCHEDULE AN IN-PERSON MEETING

- When visiting the office of an elected official remember to immediately let the staffer know your city, state, zip code and the issue on which you're advocating.
- Ask for a business card and follow up with a thank you note reiterating your issue of interest and what you action you'd like the elected official to take.

4. ENGAGE ON SOCIAL MEDIA

- Most elected officials are active on Facebook and Twitter—and sometimes even Instagram and Snapchat. Be sure to like, follow or tag to see how they vote on issues that matter to you!
- Let the RAC know about what you're doing by tagging us in your social media posts. We will do our best to support and amplify your voice!

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