

# **CHILD NUTRITION PROGRAMS**

## **WIC**

(aka Special Supplemental Nutrition Program for  
Women, Infants and Children)

## **HUNGER**

**“AT RISK” OF HUNGER/FOOD INSECURE**

## **MALNURISHED**

## **POVERTY LINE**

These programs provide free or subsidized nutritious meals for low- or moderate-income children nationwide. For example, the National School Lunch Program in fed 30.7 million children in more than 98,433 schools on a typical day in 2013. This particular program runs by providing per meal cash reimbursements to schools as an incentive to provide nutritious meals to children in need.

This is a federally funded preventive program providing low-income pregnant women, new mothers, infants and children with nutritious foods, nutrition education, and improved access to health care in order to prevent nutrition-related health problems in pregnancy, infancy and early childhood.

A condition in which people do not get enough food to provide nutrients (proteins, carbs, fats, vitamins and water) for active and healthy lives. This forces families to often skip meals or go a whole day without eating.

This condition describes families who adopt coping mechanisms such as lowering the quality of their diets or seeking emergency food assistance to meet their needs.

This is a condition resulting from inadequate consumption (undernutrition) or excessive consumption (overnutrition) of a nutrient that can impair physical and mental health. Can cause or be the consequence of infectious disease.

An official measure of poverty defined by national governments. In the U.S., this was originally calculated as three times the cost of a year supply of “thrifty” food purchases, a diet that hardly provides for adequate or healthy food considerations.