

# Mitzvah Ihsan Day is a Community Service Day

Volunteers of all ages participate in projects for charitable and non-profit organizations. JFS and MHIA have joined forces to spread good deeds throughout the Hudson Valley. Let this be an example of Jews and Muslims working together to make a better world. Pick your Mitzvah Ihsan. Your participation will make a difference!

## **SUNDAY MAY 15, 2005**

9:00am-5:00pm

### **Jewish Family Services**

Jewish Community Center 110 Grand Ave. Poughkeepsie, NY

845-471-9817

jfsdutchess@yahoo.com

#### SCHEDULE

9:00am JCC: light breakfast & opening ceremony.

9:30am Off to do mitzvahs & ihsans around the Hudson Valley.

4:00pm Kosher/Halal dinner & celebration at Misjid Al-Noor Mosque\*

#### Mid-Hidson Islamic Association

Masjid Al-Noor 125 All Angels Hill Road Wappingers Falls, NY 845-297-0882

\*Mosque Dress Consciousness: Because Masjid Al-Noor mosque is a house of worship, people of both sexes should dress modestly. That means no shorts for men or short skirts for women. It is important to be modest and respectful with the least amount of skin showing. Females may be asked to put a scarf over their hair while in the actual prayer area.

To make registration as easy and organized as possible, Jewish Family Services is handling all the paperwork for Mitzvahil-Ihsan Day. Please complete the adjoining response form a.s.a.p. and return it to:

> Jewish Family Services 110 Grand Avenue Poughkeepsie, NY 12603

Jewish Family Services of Dutchess County is a division of Jewish Federation of Dutchess County

### Mitzvah Ihsan Day Registration & Donation Form

Address			
Telephone	E-mail		
Mitzvah lhsan Day Proj	iect Choices:		
Assignment is made on a first-come	, first-registered bas	s.	
Use project numbers to indicate fin	st 3 choices.		
Indicate age if under 18 years.			
Name:	1	2	3
Name:	11	2	3
Name:	1	2	3
Name:	1	2	3
Name:	1	2	3
No. attending breakfast N	o. attending dinner		
Blood Drive:			
Include this in your Mitzvahia	hsan Day giving. Wh	en you give bloo	od, you give life.
7		m)   Masjid Al	Noor (11am to 4:30pm
I/we want to give blood at:	JCC (8am to 1:30p		
l/we want to give blood at: ( Please call me/us to set up an		ring Identificatio	n.
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# הנה מה טוב ומה נעים שבת אחים גם יחד

Behold, how good and pleasant it is for brethren to dwell together in unity! (Psalm CXXXIII)



Do good for God loves those who do good (Qur'an 2:195)



Opportunities \*\*\*



Day

May 15, 2005

## For further information call JFS Dutchess: 845-471-9817 • jfsdutchess@yahoo.con

No.	Agency Name	Project Description	#people	Location	Tools Needed (if you have them)	Time
1.	Appalachian Trail	Construct a "bog" bridge across intermittent stream (Teens accepted with parent present)	4-6	East Fishkill	Work gloves, water	9:30am at site until 3pm
2.		Farm yard clean up, painting, raking, tilling, ti) Goat, Ilama, horse grooming & loving	20+ LUNCH SERV	Paughkeepsie /ED TO VOLUNTEERS	Work gloves, rakes, shovels, trowels, etc.	All day
3.	Rhinebeck Performing Arts Center	Prepare spring membership drive mailing	10-20	JCC	Ability to stuff envelopes	10am until don
4.	Rhinebeck Aerodrome Museum	Yard work, prepare runway, painting, wash aircraft	10+ (Must be 12	Rhinebeck yrs or older)	2005 OPENING DAY Work gloves, water Potential for fun - not just work!	10am to 4pm
5.	Gomez House	Garden & yard work	5 -10	Marlboro	Work gloves, rakes, shovels & brooms	11am to 2pm
6.	(Brookhaven Apartments)	A. Paint stainwell Only older children welcome due to safety B. Paint Rec Room	6	Poughkeepsie LUNCH SERVED TO VOLUNTEERS	Work gloves, brushes, rollers, drop clothes, pails, etc Same as above	All day
7.	Accordation	A. Spring clean up & flower planting B. Set up & clean up for dinner	10+	Wappingers Falls Wappingers Falls	Gardening tools Willingness to work	10am to 2pm 2pm to 6pm
8.	Hudson Valley Blood Services **	Prepare July blood drive mailing	10+	JCC	Ability to put stickers on cards	10am until don

10.	Elat Chayyim Jewish Retreat Ctr	A. Paint - restore and beautify building	10	Accord	Work gloves	10am to 3pm
	(must be 15 and older for A& B)	B. Help make a brick oven	6	KOSHER VEGGIE LUNCH SERVED		
		* C. Planting, gardening, spring clean up	10			
11.	Blood Drive	** A. Give blood	100	ICC	Your blood	8:30am - 1:30pm
		** B. Help with donor registration and donor escort	4	ICC	Smiles	
		** C. Give blood	100	Masjid Al-Noor Mosque	Your blood	11am - 4:30pm
		** D. Help with donor registration and donor escort  ** E. Bone Marrow Drive	4	Masjid Al-Noor Mosque	Smiles	
12.	Dutchess Outreach	A. Make lunch for 200 to be served at the Lunch Box	8-10	JCC	Cooking skill	9:30am to 12:00pm
	(Must be 11 years or older)	B. Set up, serve lunch and clean up.	8-10	Family Partnership Center	An apron	12:00pm to 3:30pm
13.	Jewish Community Center	* A. Planting, outside clean-up, tree cutting, hole digging	6	JCC	Work gloves, rakes, shovels, chain saw	9:30am until done
		B. Clean out & organize two rooms	8		Strength to lug things	
		* C. Childcare	6-10		Likes to be with 3–8 years old children	
		D. Wash pool deck chairs	2		Rags, work clothes	
		E. Light installation on flagpole	2		Electrical skills	
		* F. Build garden in playground	+8		Gardening Equipment	
		G. Fix leaky faucets	1		Plumbing skills	
14.	Audrey Morgenstern Knitting Grp	** Knit or crochet items for the homeless	10+	КС	Needles, yarn & willingness to knit	All day
15.	Hebrew Benevolent Society Cemetery	* Spring clean up, planting	10	Poughkeepsie	Gloves, rakes, garden tools, rags	10am until done
		Prepare 10 000 place mailing	10.	JCC	Ability to stuff anywhere	10am until done
_	Highland Cultural Center	Prepare 10,000 piece mailing	10+	XX	Ability to stuff envelopes	Toam until done
17.	Beacon Hebrew Alliance Cemete	ery Spring clean up	15	Fishkill	rakes, gardening equipment, work gloves	10am to 2pm
18.	Jewish Family Services	A. Set up & registration for Mitzvah Day	10+	JCC	A willingness to help	8am to 11am
		B. Drive cereal to Dutchess Outreach	6	Poughkeepsie	Car	11am to 1pm
		C. Carpool to Mosque for community dinner	10+	Poughkeepsie - WF	Extra seats in your car	3:30pm - 5:30pm
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Please note: \*Perfect for families \*\*Sedentary Activity tbd: To be determined

### CEREAL COUNTS!!!

Bring a box of cereal (any kind) to the JCC or to Masjid Al-Noor. The cereal will then be delivered to Dutchess Outreach to provide breakfast for needy children who cannot access free breakfast programs during the summer.

### WELCOME BAGS

Donate unused toiletries and small personal items to JFS to be used in welcome bags for Grace Smith House residents. Donations can and are encouraged to be made year round.

### CHILDREN'S BOOK, VIDEO, & GAME DRIVE

Donate gently used and new children's books, videos and games (Non-violent only) to be distributed to those in need!